



SLO Skiers  
P.O.Box 1047  
San Luis Obispo, CA 93406

The Newsletter of  
*The SLO Skiers, Inc.*  
A Ski, Sport and Social Club  
***February 2014***

[www.sloskiers.org](http://www.sloskiers.org)  
Annual dues \$40/person

Meetings are held first Wednesday of the month  
Social- 6:30PM General Meeting- 7:30PM  
Board Meeting- 5:30PM

San Luis Obispo Elks Lodge  
222 Elks Lane

### ***2014 Ski Season Update***

*Mark your calendars and save your pennies for another  
fantastic SLO Skiers ski season!*

Feb. 7-14, 2014	Saturday-Saturday	South Lake Tahoe*
Feb. 23-28, 2014	Sunday-Friday	Mammoth Mountain*
Mar. 14-16, 2014	Friday-Sunday	China Peak*
Mar. 22-29, 2014	Saturday-Saturday	Breckenridge**
Apr. 6-10, 2014	Sunday-Thursday	Mammoth Mountain*

\*Contact Fran Long: [fancat@me.com](mailto:fancat@me.com)

\*\*Contact Lauren Nagle: [mlnskier@gmail.com](mailto:mlnskier@gmail.com)

You should be all signed up for the fantastic Breckenridge trip by now. Rumor has it there are a couple of spaces available.  
Contact Lauren if you have not signed up and definitely want to go.

The South Lake Tahoe "A Taste of Tahoe" ski week currently has 44 SLO Skiers going! Space is available in lodge rooms or one bedroom condos.  
Contact Fran Long for pricing on those units

When deciding your trip schedule, it is very helpful if you have a roommate at the time you sign up. We will only arrange roommates between people who agree to room with one another. It just makes it easier for all of us.



## *Message from the President*

Hello fellow SLO skiers,

January was another super month for SLO Skiers. Please join me in thanking:

- Skiers of the Month – Lauren Nagle and Fran Long for making the most out of this ski season!
- John & Fran Long, for hosting a wine-down at their lovely home.
- Jana Favalora for organizing a Greek patio restaurant experience.
- Pete Sarafian for leading a winter hike.

Please mark your calendar. Wednesday March 5 is our Annual Membership Meeting and the election of the next Board of Directors and Officers. Please volunteer to join the new leadership team!

**The benefits** (It really is okay to ask, "What's in it for me?")

- **Getting the right things done.** Ever feel that the Club should do this or do that? Consider all the ways Club volunteers made a difference in the quality of our lives last year.
- **Skill development.** Volunteering is a rewarding as well as a fun way to discover a new talent (e.g., computer, trip planning, basic accounting, publicity).
- **Socialize.** Yes, Club directors and officers mingle quite a bit. Is there a down side to networking?
- **Have an impact.** Last but not most certainly not least, volunteering is one of the best ways to make a difference. Whatever your passion, however you get involved, volunteering offers a way to have a real and lasting impact on the world.

Memorial for Bev Gammill: Tree Planting will be held on Saturday March 15 at 2:00pm.

-John Smith

PS. Please keep Steve Seybold in your thoughts and prayers

## *FEBRUARY 2014 PHILANTHROPY REPORT*

Our primary service focus must go to fund raising to help our member Steven Seybold defray some of his out-of-pocket medical expenses after his tragic accident in Mexico, especially that of air lifting him back to the U.S., which his health insurance company refuses to cover. Susan Mullen estimates that we need to raise at least \$25,000 for Steven. So, it is incumbent on each and every one of us to think of a variety of fund raising events and to volunteer to head up those events. No one person could ever do it alone; it will take all of us helping Steven. I will pass around a sign-up sheet for you to volunteer to help and to write down your fund raising ideas.



Also, be prepared with your checkbook at our February meeting to drop a large donation into Steven's SLO Skiers hat, which will be just the beginning of our efforts to help him. We are setting up a separate bank account for all donations, which will be administered by Hal Rosewall, who has power of attorney for Steven. I'm sure there will be more specific ideas from Susan Mullen, Hal Rosewall and Steve Silberstein when they all return from seeing Steven in Mexico and hopefully bringing him home.

Respectfully submitted,

Kathleen O'Neill



# Mammoth Mountain

February 23-28, 2014



CST 2093324-40


## Trip Includes:

- 5 Nights Lodging  
**Sierra Nevada Resort**  
Two/Hotel Room  
Microwave  
Mini Fridge  
Coffee Maker  
Hair Dryer  
Iron/Ironing Board
- Welcome Party
- Mid-Week Party
- Fun with friends!

**This ski trip is  
Sunday-Friday  
Price: \$400**  
(per person)

**Lift tickets NOT included**  
See your friends with a  
Mammoth Pass for  
potential discount buddy pass

*To sign up  
see information below!*

	<b>Deposit Schedule:</b>  \$100     12-15-13 \$150     01-15-14 \$150     02-15-14	<b>Cancellation Policy:</b>  Before 01-15-14 Full Refund 01-15-14—2-14-14 \$100 After 02-14-14 No Refund
Make checks payable to: SLO Skiers  Mail payment AND trip paperwork to: Fran Long 1635 Canyon Crest Lane Paso Robles, CA 93446		Payment Questions... Need More Information...  Contact Fran... email: fancat@me.com phone: 805 238-1375

## *FAR WEST RECOGNITION AWARDS*

Each year, the Far West Ski Association sponsors a number of awards for ski clubs and ski councils. SLO Skiers does many wonderful things worthy of recognition at a higher level. Charities, our newsletter, our website, etc. could all be award winners, giving our club the recognition it deserves. If you are in charge of one of our programs, please take a minute to check out the award, application process, etc. The applications can be found on the FWSA website: [www.fwsa.org](http://www.fwsa.org). There is also a contact person listed below for each of the awards. Contact them if you have questions or would like additional guidance regarding the application process.

### **CHARITY AND COMMUNITY SERVICE RECOGNITION: DEADLINE: March 20, 2014**

**RECOGNITION:** *The 1st Place Club will receive a \$300 donation and the 2nd and 3rd Place Clubs a \$100 donation for the charity of their choice.*

**CONTACT:** Sigrid Noack, FWSA Charities & Our Community Chair, 310-823-1373, [sig4ski@earthlink.net](mailto:sig4ski@earthlink.net)

**DESCRIPTION:** The intent of this recognition program is to encourage charity and community service involvement in all our FWSA councils and clubs and to recognize a club or council for its outstanding financial and/or volunteer support to one or more charitable organizations. All clubs and councils that apply will be recognized at the FWSA Convention. Three clubs and one council will be selected and notified by April 15. They will then prepare a picture display board to be presented at Convention.

### **SAFETY PERSON OF THE YEAR AWARD: DEADLINE: March 20, 2014**

**RECOGNITION:** Since 1998 Aspen/Snowmass, The Gant and Crestwood have donated a 6-night ski package for two with lodging, lift tickets, rentals, half-day group lessons, on-mountain tour, transfers, air transportation and TV Interview with Plum TV.

**CONTACT:** Richard Lubin DC, FWSA Safety Chair, 925-828-7454, [botaboardr@comcast.net](mailto:botaboardr@comcast.net)

**DESCRIPTION:** The FWSA is a proponent of safety in skiing and snowboarding. Every year we hear about tragic deaths and injuries that happen during our favorite winter activities that remind us of the great importance of safety. We have a number of ways in which we promote safety and one of our more viable ways is through the Safety Award. The award is for the individual, within the association, that has done the most to promote safety through a number of criteria. These include articles on slope safety, and other ways to raise safety consciousness. The link to detailed information and entry form is: <http://fwsa.org/MemberCorner/Programs/program-safety.html>

### **WESTERN SKI HERITAGE AWARD: DEADLINE: March 20, 2014**

**RECOGNITION:** Since 2000, Steamboat has donated a 5-night ski package for two with lodging, lift tickets, rentals, on-mountain tour, half-day lessons and a lunch at Ragnar's Restaurant.

**CONTACT:** John Watson, FWSA History Committee Chair, 760-723-6539, [geospace@pacbell.net](mailto:geospace@pacbell.net)

**DESCRIPTION:** The Far West Western Ski Heritage program annually recognizes the best effort in the prior year that communicates the contributions of snowsports to the community at large. The purpose of the Far West Western Ski Heritage program is to raise the awareness of snowsports participants and non-participants alike of the contributions made by individuals, groups and companies to all aspects of snowsports – competitive as well as that of outdoor winter recreation and fitness. A parallel purpose is to convey the positive role snowsports has had in its contributions to the communities in the West. It recognizes outstanding effort in the area of snowsports history to find, preserve, document and share the history of snowsports in the West. The Award is open to an individual or a group leader (it is not restricted to Far West membership) and can be self-nominated or nominated by a club or club member. Materials and history programs will be evaluated against the objectives of the program by individuals selected for their knowledge of the history of Western snowsports and that of the Association. The link to detailed information and entry form is: <http://fwsa.org/MemberCorner/Programs/program-wsh.html>

### **FAR WEST HISTORICAL RECOGNITION PROGRAM: DEADLINE: March 20, 2014**

**RECOGNITION:** Certificate suitable for framing.

**CONTACT:** John Watson, FWSA History Committee Chair, 760-723-6539, [geospace@pacbell.net](mailto:geospace@pacbell.net)

**DESCRIPTION:** The FWSA launched the Historical Recognition Program in 2008 to develop club, league and council histories. The objective of the annual program is to capture important information about skiing from the skier's perspective and especially that of the club skier. Selection for the award is based on digital (preferable) or mailed presentation of club or council history according to a set of weighted criteria and judged by knowledgeable ski historians. The History Recognition is not for outstanding club or council, although it is anticipated that material may be common to both types of presentations. Think of these histories as museum or library reference resources. The link to detailed information and entry form is: <http://fwsa.org/MemberCorner/Programs/program-historical.html>

### **FAR WEST CLUB & COUNCIL COMPETITION: DEADLINE: March 20, 2014**

**RECOGNITION:** Certificate suitable for framing and a digital award to place on club or council website.

**DESCRIPTION:** The Club and Council Communications Awards website is up and can be found at: <http://fwsaca.org/educomm>. These competitions are designed to promote excellence and outstanding performance and are open to all clubs and councils within Far West Ski Association.

The information you will find on this site concerns entries for the following five competitions:

Tollakson Outstanding Club of the Year  
Wentworth Outstanding Club Newsletter of the Year  
Wentworth Outstanding Council Newsletter of the Year  
Outstanding Club Website Award  
Outstanding Council Website Award.

Clubs and Councils may access the 2014 updated criteria, judging information and submit 2014 entry forms. Online registration and an "invite code" is required to gain access. The Invite code: **FwsaEdu2014**.



## ***FAR WEST TRAVEL***

**Far West Mini Ski Week:** February 22-27, 2014 are the dates set for the Mini Ski Week to be held in **Layton, Utah**. Lodging will be at *La Quinta Inn & Suites* in Layton for 5 nights, which includes a deluxe continental breakfast daily. There will be a welcome party and more. Several ski and lodging packages are available, ranging from \$230-\$550. Skiing will be at **Snowbasin Ski Resort**. Contact Gloria Raminha, Trip Leader at: [garski2011@gmail.com](mailto:garski2011@gmail.com)

**Far West International Ski Week 2014:** The 2014 International trip will be to **Zermatt & Spain**. Whether you want one week in Zermatt, Zermatt & Barcelona and Madrid, Spain extension or just Spain as a stand-alone trip, the time to make your decision is NOW!. If you choose to not go to Zermatt, we'll make arrangements to fly you to Barcelona to join us just for the Spain adventure trip. We will spend the first 4 nights in Barcelona then we will take the high speed train to Madrid for the next 4 nights. This will be an all-inclusive tour including charming four-star hotels, staying in unique and convenient locations. Most meals are included, giving us the opportunity to experience local restaurants with their cultural culinary delights. This tour is completely escorted which will include daily excursions that will be guided by local representatives. You will receive all the value and benefits of traveling to Spain with FWSA. This will be a unique, exciting and exceptional trip to be remembered! Contact Debbie Stewart, VP of International Travel at: [fwsaintltrvl@prodigy.net](mailto:fwsaintltrvl@prodigy.net).

**South Africa, Here We Come!** FWSA's 2014 Adventure Trip will be to **South Africa**, September 5-16, 2014, with an extension to **Victoria Falls** September 16-20, 2014. This unique experience will offer much more than the normal gaming safaris. You will also travel through the garden route in South Africa, visit botanical gardens, travel through the Wine-lands area to enjoy wine tastings, view native birds in their natural habitat, experience animal viewing while river boat cruising and so much more. While traveling to South Africa, Zimbabwe and Botswana you will enjoy the true African safari experience. We will search to see the "Big 5" and many other animals and native birds in the wild. Pricing for this trip is based on both "land only" packages, for those who want to use air miles, or "land and air" packages. Check with Debbie Stewart for more details at [fwsaintltrvl@prodigy.net](mailto:fwsaintltrvl@prodigy.net).

## ***FAR WEST SKIER'S GUIDE***

**Digital Edition Now Available:** Have you visited the Digital Edition of the 2013-2014 issue of the *Far West Skier's Guide* yet? In addition to all the information found in the printed edition, there is also an extra 28 page insert with more feature articles including one on Yellowstone National Park, the end of the ski season resort fun, Exploring the World on Two Wheels, the answers to the Resort Quiz found in the printed issue and much more. The link can be found at [www.fwsa.org](http://www.fwsa.org), [www.skifederation.org](http://www.skifederation.org), <http://boundforsnow.com/far-west-skiers-guide-2013-2014/>, FWSA council websites and many of their club sites. The direct link to the Digital Edition is:

<http://www.nxtbook.com/nxtbooks/farwestskiersguide/2013-14/>



## LET IT SNOW...LET IT SNOW...LET IT SNOW...

As I write this, there is actually snow in the forecast for both Tahoe and Mammoth Mountain. The forecast is for upwards of a foot of snow for each of the resorts. Weather reports can change, but this is a better outlook than we have had in awhile.

Sooo...now that there is the possibility of snow in California, you might want to rethink your ski season schedule. The February Mammoth trip still has space available. See the flyer in this newsletter for details and to sign up for the trip.

We are currently working on a China Peak trip for mid March. This will likely be a mid-week trip with a weekend option. Watch your Snowmail for information as it becomes available.

The final Mammoth trip, Sunday-Thursday, April 6-10 should bring some very good spring snow and skiing conditions. Those of us who went late in the season last year had a fantastic time! Lodging options will again include hotel lodging, but we will also make condo lodging an option. If you are interested in a condo, please work on your friends and put a group together. Traditionally, we can get condos for 4-5-6-or 7 people. For now, save the dates, let your preferences be known (fancat@me.com), and watch for details via Snowmail and the March newsletter.

Think Happy Ski Trails...

## INTERESTING TIDBITS FOR YOUR ENJOYMENT

### FIVE FULL WEEKENDS IN AUGUST

Clubs should be aware and perhaps use all the weekends in August -- because it's the only time you will see this phenomenon in your life: August will have five Fridays, five Saturdays and five Sundays. We are told that it happens only once every 823 years. The Chinese call it 'Silver pockets full. Check it out and take advantage!

### DOLOMITE SUPERSKI OFFERS WIRELESS CONNECTIVITY ON FOUR GONDOLAS

Dolomiti Superski has announced that four of the gondolas in its huge lift network have been retro-fitted with wireless connectivity so that you can whip off your ski mitts and get online as soon as you get in the cabin without needing to worry about roaming charges or slow connection speeds. The Alpen gondola at Kronplatz and the Danterceppies lifts at Val Gardena are among those now offering free wireless connectivity.

# TAHOE SKI TRIP...more than just skiing!

Feb 7-14



## MAKING LEMONADE

We have all heard the saying; "When life gives you lemons, make lemonade." Well that is exactly what we have done with the trip scheduled to South Lake Tahoe. The man made snow at Heavenly and NorthStar is supposedly quite good. The one thing about scheduling trips months in advance is that the weather is unpredictable. California is experiencing a drought that has broken records. There are much more serious problems facing the Golden State than our skiing fun.

The skiing should be ok in the morning. In the afternoon the slopes can be skied off. 42 members had a vacation planned and paid for. The lodging property would not refund our money (Tahoe isn't just a ski destination). That being said, our wonderful Board of Directors, have stepped up and approved adding some non ski activities to the events for the Tahoe trip. Fran Long, Sharon Page, and me (Lauren) have been checking out fun options for our afternoons at Tahoe. So far we have scheduled a **learn to gamble clinic**. That will be followed by a **poker tournament**. We will be taking **dance lessons** a couple of afternoons. We are trying to put together a bus trip and tour to Virginia City. All of this is to assure that this trip is something special.

This is huge benefit of being a member of the ski club. All of the extra events are at very small if any extra cost to you. The money collected every year at the auction allowed the Board to fund this non ski fun. A special thanks goes to President, John Smith, who isn't on the trip. He contacted each board member. A majority said, sure. This is why we keep money in the treasury. If you are on the trip, please be sure to thank the members of the Board. If you contribute to the auction, thank you as well. Now lets go to beautiful Lake Tahoe and have some fun!





## January Hike



### January Hikers Meet Up With Bikers

A trio of us hiked up Cerro Alto trail.  
We were bound and determined not to fail.

Although it was steep,  
There was hardly a peep,  
Or cry of dismay or a wail.

Barbara and Paul Collins and Pete,  
Found the weather was perfect and sweet.

There were many a folk,  
Who we smiled at and spoke.  
At the top, the day seemed complete.

The summit had three mountain bikes,  
Joining us and a family with tykes.

And to top it all,  
They even knew Paul.  
Causing me to exclaim, "yikes!"

As we three started back down,  
Other familiar faces then came around.

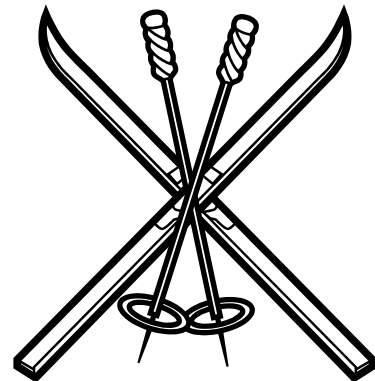
Helen and Peter Jackobsen,  
And Marvin Gross hiked up for fun.  
But we missed them down at the campground.

*-Pete Sarafian*



## Prepare Now to Avoid Ski Injuries Later

Before heading out on a ski vacation, most people prepare by reserving a room, booking a flight, packing their winter clothes and, of course, their skis. However, if they do not prepare their body, they might end up spending more time in the doctor's office than on the slopes. Of the nearly 144,000 skiing injuries reported per year, anterior cruciate ligament (ACL) tears, such as that suffered by ski racer Lindsey Vonn, are the most common, followed by ulnar collateral ligament (UCL) tears, or skier's thumb.





## BRECKENRIDGE UPDATE:



Well, for all you lucky skiers headed to Colorado in March, here is some information to keep handy. First, the pre-trip party is scheduled at 7:00 PM at the San Luis Elks Lodge. It will be in our usual meeting room. Dessert will be served. It is SO important that you attend the meeting. Some of you have never shared in the fun of a SLO Skiers week-long trip. Even if you have, every trip is different. I will be going over the schedule of events and travel details.

Now for the snow update; First of all there is snow, YAHOO! The season total snowfall as of January 29th is 210". The base depth is 61". With Peak 6 now operating there is a wide variety of terrain to enjoy right in Breckenridge. The lift tickets are good at any of the Vail Associates Resorts. Vail, Beaver Creek, Keystone and Arapaho are nearby.

In addition to the great skiing Summit County has to offer the town of Breckenridge is great fun. The Victorian-inspired Main Street is a short walk from our condos. As a reminder, we are staying at the Sawmill Creek Condos. The units are two bedroom with two baths, plus a full living room and kitchen. Sharon Page is our new non ski activities director. Those of you who know Sharon realize how great that is. She is looking into lots of fun things to do in addition to skiing. A tour of the abandon silver mines was mentioned in the National Ski Club Newsletter as a "must do" in Breckenridge. If there are enough people interested Sharon will put the tour together for your fun. Racing is also on the agenda. Once again it will be the ladies versus the gentlemen. We have reserved the Nastar course for a full hour for just our group. That will give the speedster Ladies a chance to win the trophy for the first time! If you haven't raced you should give it a try. Racing won't be anything like what you see on tv. Even though it feels like you are going really fast, the time clock always is slowwwwww. Racing gives you the opportunity to practice turning where you **have to**, not where you **want to**. That is a safety skill that will serve you well.

There are lots of parties scheduled. First, the crazy hat contest at the Welcome Party. Pull that crazy hat, you can't figure out why you bought, out of the closet. A vacation is a time to act have fun and be crazy. There will be a pool tournament in the hospitality condo. Also scheduled is a night for card playing. One night there is a pajama party (not contest), again in the hospitality condo. Anyone who comes in costume is eligible to win a nice prize. Again, vacation is an opportunity to forget the responsible hard working person that you are in real life. This is a time for fun! The over all theme of the ski week is return to the old west. Dust off your cowboy attire and be prepared to party.!

*Lauren*



## *January Dine Around*

### *The Wild Donkey...An evening in Greece!*



Thank you Jana for organizing this get wonderful Dine Around!!!





## Murder Mystery

Twenty-nine club members and guest traveled back in time to the 9th century China on January 18th to discover: "who hung Woo" The murder mystery and a Chinese dinner was a Turtle Auction event hosted by Kathy and John Welbourn and mc'd by John Smith. Many guests and actors were dressed in their version of ancient Chinese attire which added to the fun of the event.

So, who hung Woo? Hoo did. A number of the participants were able to figure it out after listening to the either actors give information about their characters and questioning them. Actors were: Caroline and Ralph Gibson, Helen and Peter Jacobson, Lauren Nagle, Marvin Gross, Myra Wapner and guest Tony Rizos.

Thanks to all who participated. It was a great evening!





## *SLO Skiers Calendar of Events*

### **FEBRUARY**

Feb. 7-14 Ski Trip @ South Lake Tahoe  
Feb. 23-28 Ski Trip @ Mammoth Mountain

### **MARCH**

Mar. 14-16 China Peak  
Mar. 15 Bev Gammill Memorial Tree Planting @2pm  
Mar. 22-29 Breckenridge

### **APRIL**

Apr. 6-10 Mammoth Mountain

*Happy Birthday to all born in  
February*

Donna Etter  
Elaine Thompson  
Erika Mininni  
Mary Ann Rutshaw  
Norm Smith  
William Kengel  
Yvette Paletta



Be sure to wish these folks the best when you see them during the month of February.  
Better yet, take the time to send your wishes with a card or email!



## *SLO Skiers Board of Directors & Officers 2013–2014*

**President** - John Smith - [president@sloskiers.org](mailto:president@sloskiers.org)  
**Vice President** - Bobbi Binder - [vicepresident@sloskiers.org](mailto:vicepresident@sloskiers.org)  
**Treasurer** - Caryn Maddalena - [treasurer@sloskiers.org](mailto:treasurer@sloskiers.org)  
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**Snowmail** - Fran Long - [snowmail@sloskiers.org](mailto:snowmail@sloskiers.org)  
**Ways & Means** - Need Volunteer! - [ways@sloskiers.org](mailto:ways@sloskiers.org)  
**Webmaster** - Jana Favalora - [webmaster@sloskiers.org](mailto:webmaster@sloskiers.org)  
**Weekend Ski Trips** - Fran Long - [weekendtrips@sloskiers.org](mailto:weekendtrips@sloskiers.org)  
**Weeklong Ski Trips**—Lauren Nagle—[trips@sloskiers.org](mailto:trips@sloskiers.org)

*Skiing, Snowboarding,  
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